

2023 YOY POWERLIFTING



DATE	LOCATION
JANUARY 7	GIDDINGS
JANUARY 14	ROCKDALE
JANUARY 21	CAMERON
FEBRUARY 4	GATESVILLE
MARCH 4	GIRLS REGIONALS @ DUBLIN
MARCH 11	BOYS REGIONALS @ WEST
MARCH 15 - 18	GIRLS STATE @ FRISCO
MARCH 24 - 25	BOYS STATE @ ABILENE

Coaches: Jake Chidester & Stephanie Hause

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Athletic Director: Rick Rhoades

Principal: Brian Stork

Assistant Principal: Dr. Stephen Parker

Superintendent: Kevin Sprinkles

Asst. Superintendent: Dr. Mistie Dakroub